



Toddler August Newsletter



Friendly Reminders

*Please remember to leave toys from home in your car or at your house. This way the transition from home to daycare is smoother for both you and your child.

*We are starting to have outdoor lunch on Fridays so pack extra ice packs to keep your child's lunch nice and cold. Because we are having lunch outside we won't be able to heat anything up so pack things that are ready to eat without any microwave.

*With the rising temperature outside water play will be more fun than ever! Don't forget to bring in your child's water gear every week and take it home every Friday before you head out.

* Shoe/Sandle check! We are very active throughout the day, please make sure your child's shoes fit properly and are great for running around and being active!

Ages & Stages

This month we are gonna focus on sleep, something that is essential for

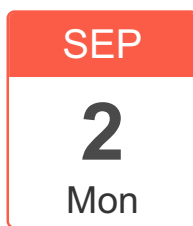
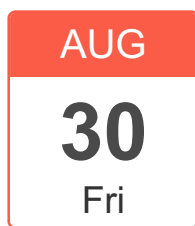
toddler development. Sometimes it is hard to get you child to fall asleep at an early time since they are always full of energy. Here are some tips to make bedtime and nap time easier.

1. Follow a nightly bedtime routine, you can play a quiet game, read a book or sing a song every night. Kids do great when they have a consistent routine and get excited knowing what to expect next.

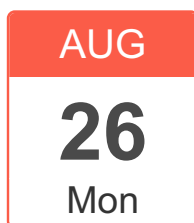
2. Let your toddler fall asleep on their own by this we mean try to avoid rocking or holding your toddler to sleep. By letting your toddler fall asleep by them self they will also learn how to fall back asleep if they wake up during the middle of the night.

3. Keep a consistent daily schedule, consistency is key with toddlers. If a toddler eats, plays, naps, and goes to bed around the same time each night it will make nap time so much easier.

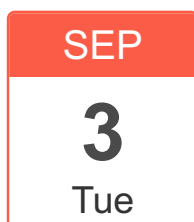
If you ever have any concerns regarding your child's sleep at home or here at ISW, we are here to help!



ISW is Closed



Preschool Move Up Night



First Day for Transitioning students



Favorite Moments

All summer long toddlers have been eagerly waiting for the garden to be ready to harvest. Over these last few weeks, the kids have had a chance to try a variety of items from the garden including mint, carrots, and strawberries. Gardening promotes healthy eating, engages many of the different senses, and promotes fine motor abilities.

Birthdays

AJ is turning 2!



Theme for August

- * Fairy Tale Week 8/5-8/9
- * Pets 8/12-8/16
- * Cooking 8/19-8/23
- * Superheros 8/26-8/30