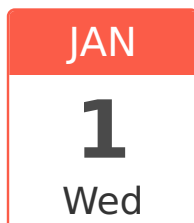




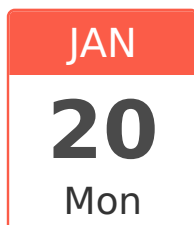
January Toddler Times!



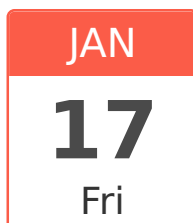
Important Dates



CLOSED FOR NEW YEAR



CLOSED for MLK Day



SPIRIT WEEK!

Monday: Sports gear

Tuesday: Tie dye

Wednesday: Mix match

Thursday: fairytale

Friday: Jammies

Birthdays!

Happy 2nd birthday to our friend Nolan, on the 30th ☐☐

☐



The Importance of Play

"Play is something done for its own sake," says [psychiatrist Stuart Brown, author of "Play,"](#) He writes: "It's voluntary, it's pleasurable, it offers a sense of engagement, it takes you out of time. And the act itself is more important than the outcome."

With this definition in mind, it's easy to recognize play's potential benefits. Play nurtures relationships with oneself and others. It relieves stress and increases happiness. It builds feelings of empathy, creativity, and collaboration. It supports the growth of sturdiness and grit. When children are deprived of opportunities for play, their development can be significantly impaired.

Play is so important that [NAEYC](#) has called it a central component

in developmentally appropriate practice, and the United Nations High Commission on Human Rights declared it a fundamental right of every child. Play is not frivolous. It is not something to do after the “real work” is done. Play is the real work of childhood. Through it, children have their best chance for becoming whole, happy adults.

Daily activities





Easy Activities to Do at Home



Create a Jell-O treasure hunt

supplies

- 1. small container**
- 2. small figurines**
- 3. Jell-O**

For sensory play, whip up a batch of jiggly Jell-O and hide some small figurines inside. Let kids indulge in toddler fun by digging for "treasure."

Ms.Miriam

Smile if you love the outdoors!



Reminders:

*LABEL EVERYTHING that comes to ISW! This is not only to make sure we can get things back to you when they get dropped when we're out and about, but so that we can put the correct items with your child. This saves us valuable time by solving the mysteries before they happen. Many times, we will have children with the same lunch box, gloves, hats, coats, etc. Thank you in advance!

* Please remember that lunch boxes must be labeled with your child's first and last name and be dated daily!

* If you have any questions please do not hesitate to ask! You can message over brightwheel or even call the toddler room. (We are option 2!)

* Please Please remember to bring extra clothes.

A friendly reminder:

Please remember to check your child's nails before bringing them to the childcare center. Your cooperation is greatly appreciated.

Check List:

1. Lunch and FILLED water bottle labeled
2. Extra Clothes
3. Blanket or Stuffy
4. A sufficient supply of diapers/pull-ups
5. A labeled coat, snowpants, hat, gloves for outdoor play

PLEASE PLEASE MAKE SURE EVERYTHING IS LABELED!

This also includes clothes (socks, pants, t-shirts, underwear, etc.)

Fun Facts about Michigan!

1. Michigan was the 26th state of the United States.
2. Our nickname is the Wolverine State!
3. Michigan has more miles of freshwater shoreline than any other state in the nation. About 3,000 miles, to be exact.

January Menu

	January Menu		
	Breakfast	After School	Pm Snack
Monday	Cereal & Oranges	Veggies, pita bread, & hummus	Goldfish & Raisins
Tuesday	Oatmeal & Apples	Cereal Bars & Bananas	Chicken Nuggets
Wednesday	Yogurt, Berries, & Granola	Cheese Pizza English Muffins	Snack Activity: Pretzel Snowflake (Marshmallows & Pretzel Sticks)
Thursday	Pancakes & Bananas	Pretzels & Apples	Ritz Crackers and String Cheese
Friday	Hash browns & Oranges	Chicken Noodle Soup & Saltines	Peanut Butter & Jelly Sandwiches
<p align="center">Notes</p> <p>Please review the menu with your child and provide a substitute meal if necessary. Children should bring all necessary items needed to complete their meal. This includes: bowls, microwavable items, spoons, forks, etc. Only can items with tabs are allowed. Parents please do not allow your children to bring diet supplement drinks or Soda Pop.</p>			
<p align="center">*Milk, Juice or Water is offered as a beverage choice with all meals.</p>			

Please let us know if your child cannot have anything on this menu. If they can't, please send us a different option for breakfast or snack. Thank you!

SOCIAL MEDIA

Instagram: Itsasmalldaycare

Like us on Facebook!

www.facebook.com/ItsASmallWorldDaycare

ISW Phone Number: 734-714-3040

Website:

www.smallworlddaycare.org

Themes:

1/1: Balls

1/6: Arctic

1/13: Michigan

1/20: M"LK/I Have a Dream

1/27: Well Being/Health