

## Little Adventurers- Preschoolers 3 and 4 year olds

(Please consult our Parent handbook for all general information, policies & procedures.)

- A. Who is a preschooler?
- B. Our Focus/ Goals
- C. What happens in a typical day?
- D. Parent & Teacher Communication
- E. Behavior Management
- F. What to bring daily?

**A. Who is a preschooler?** Children who are completely toilet trained and able to use the bathroom independently. Children are required to wear underwear; pull-up type diapers are not allowed for children enrolled in this program. Children are eligible to join the Little Adventurers when they are 33 months old. Children will remain in this classroom until they are transitioned into our Pre-K program. (or the year before they begin Kindergarten)

**B. Our Focus:** To Respect the individuality of each child  
To provide a safe, nurturing and stimulating developmentally appropriate environment.  
To provide quality programs those comply with State guidelines and regulations.  
To partner with families and to promote responsible parenting practices.

Play is the way children develop their sense of self, sense of the world, and sense of where they fit in. This age group embraces curiosity and exploration yet demands routine and repetition. Although young preschooler's abilities and preferences may vary from each other, they offer learning experiences and the social interaction that they crave. This program offers many characteristics of a typical preschool classroom which includes: Circle times, story time, music pre-planned centers. As a young preschooler's cognitive development is exceptionally rapid, it is necessary to allow plenty of time for discovery, investigation and play while limiting transitions. Teachers use creative transitioning techniques offering additional "teachable moments" and lots of fun!!

**C. What happens in a typical Day?**

### Little Adventurers Preschool Daily Schedule

7:00-8:20	Quiet morning activities/ Arrivals
8:25-8:50	Breakfast
9:00-9:25	Free play
9:30-9:45	Potty Time & Clean-up
9:45-9:55	Story & Discussion
9:55-10:10	Movement Activity
10:10-10:25	Circle time (finger plays, songs, weather, birthdays, show and share)
10:25-10:50	Choice Time (variety of activities including: art, sensory, Manipulative, dramatic play. . .)
10:50-11:05	Potty Time
11:05-11:40	Outside Free play
11:40-11:55	Potty Time & Wash Hands
11:55-12:30	Lunch
12:00-12:15	Am Preschool Departures
12:15-12:45	Large Motor

- 12:45-12:55 Potty time
- 1:00 - 3:00 Rest/quiet time
- 3:00 - 3:30 Wake up Time, Potty time & Wash Hands
- 3:30 - 4:00 Shack
- 4:00 - 4:30 Outdoor free play
- 4:30 - 4:45 Teacher Lead Activity / Game
- 4:45 - 5:10 Last Potty Time
- 5:10 -5:40 Free Play All
- 5:40 - C Clean Up Time

**D. Parent & Teacher Communication**

1. Parent Board & Cubbies: Information relevant to our program will be posted on parent board in classroom. Each child will have own cubby where communications and art work will be left for you to take home. All cubbies must be cleared on Fridays.
2. Weekly Lesson Plans/ Newsletters: Teachers will post and send home a weekly snapshot of the next week's lesson plans. Classroom newsletters will be distributed on a monthly basis.
3. Attendance Record: Upon arrival and departure each day you are required to sign in and out on the brightwheel app.
4. Email: Teacher may or may not encourage email communication; however please do not expect an immediate reply to emails. The director encourages email communication especially for items that require written notices.
5. Evaluations: Mid-Winter and Spring Developmental Evaluations will be completed each year on every child in attendance.
6. Parent / Teacher Conferences: At least twice annually teachers and parents will have the opportunity to formally discuss your child's progress, share concerns and set new goals that support your child's developmental growth.

**E. Behavior Management:** Our preschoolers are always learning what acceptable and non-acceptable behavior is. We do expect preschool children to begin sharing and taking turns. We however still invoke redirection and problem solving language tools throughout the day. If these techniques do not solve problematic behaviors then age appropriate time outs will be utilized. We will of course communicate to parents when concerning behaviors occur and we appreciate when parents share with our teachers concerns or circumstances that may affect their child's behaviors in the classroom.

**F. What to bring (Remember, totes only go home on Fridays.)**

1. Every child should have at least one complete change of clothing every day.
2. A packed lunch with drink. (Ice pack and microwaveable utensils/serving wear if applicable.)
3. A clean blanket (and pillow if desired and able to keep in tote.)
4. Seasonal Clothing – Remember we will go outside everyday weather permitting. Please make sure to send everything needed to keep your child comfortable and safe. (Ex: snow pants in winter and no flip flops in summer.)